

# Jaw Pain

*Because TMJ is a dysfunction of the jaw joint, jaw pain is a very common symptom.*

A "bad bite" in which your upper and lower teeth do not come together in proper alignment also disrupts the placement of the jaw and the surrounding muscles. This imbalance in the bite-jaw-muscle relationship is what causes the pain in the jaw. Pressure and forces on the teeth can cause bone to dissolve or extra boney projections to be built up.

As a neuromuscular dentist we can help alleviate jaw pain related to TMJ by realigning the bite. Once the jaw is back into its most relaxed position the surrounding muscles can also resume their natural function.