

ASK THE EXPERT



Patients feel comfortable waiting in the beautiful lobby at Revive, the practice of Dr. Shila Yazdani and Dr. Michael Mortazie.

INTRODUCING THE PERFECT DENTAL IMPLANT



After nearly twenty years of dental work Cheryl had nearly all of her teeth extracted and had been using a partial-denture, also known as a flipper, which she removed every night. After years of having few of her own teeth in her mouth, she wanted something more stable so she would have more confidence when she would be out with friends or family.



“I didn’t want to worry about what I could eat and whether the dentures would stay in my mouth,” Cheryl explained. “It really affected my everyday life.”

Cheryl found the office of Dr. Shila Yazdani and Dr. Michael M. Mortazie, dentists specializing in neuromuscular and cosmetic & Implant dentistry. It was not only a dental experience for Cheryl, but also a learning experience. She explained, “After my consultation with Dr. Yazdani, I learned not only about how the dentures were affecting my life, but also how it was causing the bones in my gums to erode.”

Dr. Yazdani stated, “Like Cheryl, most people that go to a ‘regular dentist’ are told there’s nothing to do. Because of our specialized training and state-of-the-art technology, we can do it here in two visits.”

Dr. Yazdani further explained that because Cheryl was wearing dentures for so long, it caused the bones in her mouth to shrink away. “If you don’t use a certain part of the body, you lose it. The bone wasn’t receiving nutrients and stimulation, so it shrank away,” she stated.

Furthermore, because the denture was sitting on the gums, every time Cheryl would bite she was essentially exerting 300 lbs of pressure, so this would get exerted onto the gums instead of teeth. Thus, it pushed the blood out, which caused the bone not to receive enough nutrition.

Dr. Yazdani approached the procedure to give Cheryl the best long-term solution. She explained “In Cheryl’s case, we had to do some bone grafting, to regain the bone she had lost.” Dr. Yazdani explained further, “Once that was complete, we were able to use implants with crowns and bridges to give her

the fixed teeth she wanted and the cosmetic look she was aiming for. Most of her teeth are now implants, but we were also able to save some of her natural teeth.”

Cheryl was ecstatic with the results. “It looks like natural teeth when I smile now. I haven’t felt this confident in years!”

Cheryl’s family and friends also notice that she has more confidence now. She smiles more. She can enjoy the foods she could not bite into before, like apples or corn on the cob. Furthermore, she doesn’t have any more sore gums.

In her practice, Dr. Yazdani noted, “We do all the surgery ourselves. In cases where patients were told they could not get any dental implants due to lack of bone, the technology allows us to do custom-casted implants, which only fit the patient’s mouth. It’s customized for each person. Most other implants are pre-fabricated implants.”



Dr. Yazdani is one of the few institutionally trained implantologists. Most dentists will take a weekend course, however, Dr. Yazdani received hands-on training with one of the top dental implantologists in the nation, President of the American Academy of Implant Dentistry (AAID), Dr. Terry Reynolds.

REVIVE
NEUROMUSCULAR AESTHETIC DENTISTRY

Dr. Shila Yazdani & Dr. Michael Mortazie
3301 New Mexico Ave. NW Suite 108
Washington DC 20016
T 202-363-3399
www.revivemetoday.com

Dr. Shila Yazdani and Dr. Michael M. Mortazie are skilled cosmetic, implant and neuromuscular dentists with years of experience helping patients attain the smiles they desire. Drs. Yazdani and Mortazie’s talents and expertise have been featured frequently in the local media. They have appeared as guest experts on the “A New Me” television program and recently were named two of Washington, D.C.’s Leading Cosmetic Dentists.