

# Ringling in the Ear

*Ringling in the ears, or tinnitus, is another symptom of TMJ that is commonly misdiagnosed and often goes untreated or is treated ineffectively.*

In many cases ringling in the ears is one of the results of having a strained bite in which the jaw is not aligned. The jaw area of the face is a complex network of muscles and nerves, and when the bite is misaligned muscles and nerves throughout the head, including the ears, can be affected.

If Dr. Yazdani diagnoses the cause of your tinnitus to be an unstable or misaligned bite, she can work with the source of the problem by stabilizing and realigning the bite so that the entire jaw area works together without pain. Your bite will be back to its normal position, relieving the ringling in your ears that was caused by the misaligned bite.